

Your Magic List

Don't put it off. This is going to change your life.

This is your Magic List. It's your identity. It's who you truly are at your core. It's the foundation of your whole BEING. And it's key to putting your writing and your life on the right feet.

Here's what a bit of my list looks like.

Who I Am At My Best

I am smart. I am funny. I am lighthearted. I am creative. I am prolific. I am giving. I am beautiful. I am intuitive. I am magical. I am loving. I am kind. I am adventurous.

You get the idea. Just keep writing until you get to 60 descriptors. Take as much time as you need.

And remember, this is who you are *at your best*. It's okay if you don't feel that way all the time. It's okay if you don't feel that way now. Just use your beautiful imagination and write what comes naturally to mind.

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